

Date: Mon., 13 Oct 2008 09:24:08 +0000

HAPPY AUTUMN!!!

CALLING ALL VOLUNTEERS!!!

EVEN has **project opportunities** for those interested in donating about **2-4 hours per week**.

If you are **veg**, experienced with, and committed to, a vegan diet...

if you are **energetic, enthusiastic and friendly**...

if you are willing to support EVEN in its Mission Statement...

and, *most* of all, if you are **reliable**...

we hope you will *please* consider assuming a more major role with EVEN.

All projects run from **one to three months** and require **excellent communication** skills. If you are skilled in and comfortable doing **phone work** and have up-to-date **computer skills** as well, please let us know.

If we are to continue to keep up with EVEN's rapid growth, we absolutely *must* have **longer-term, dependable, veg volunteers** who are able to commit to a sizeable project or area of responsibility. Might that be you?

I know you have heard EVEN's plea for volunteers before and I appreciate your listening to our request again. Afterall, everyone has jobs, families, children...lives! I understand completely how valuable everyone's time is.

If you have the above qualifications and can donate your time and energy, please contact me for more details at 541-343-8055 or eugvedunet@comcast.net

MEMBERSHIPS

If you would like to become a member, go here:

<http://www.eugeneveg.org/join.htm>

If you have already joined, thank you very much for your membership!
(Please let us know if you have not received your New Member packet.)

If you are already a member, is it time to renew your membership? If it is past due, go here:

<http://www.eugeneveg.org/join.htm>

If you have already renewed, thank you very much for your renewal!
(Please let us know if you have not received your Renewing Member packet.)

~Individual Memberships are only \$20 (\$15 Senior and Students)~

Please keep in mind that although everything EVEN does is offered free to the public, it is *not* without cost. Your donations help us pay for refilling printer cartridges, paper (yes, we print on both sides), postage and shipping, repro services, and a myriad of other expenses that come up regularly in running the group. Since March 2005, we have paid for all our expenses out of pocket, but continue to rely heavily on your donations and memberships to help defray expenses. Please lend a hand if you can. Thank you!

NOTE: EVEN is an official 501(c)(3) non-profit, so all of your donations are tax deductible.

MEANWHILE...

Check out EVEN's upcoming **speakers** and **calendar** here:

<http://www.eugeneveg.org/calendar.htm> **Beverly Lynn Bennett** on November 3, presenting *Vegan Idea Recipes and Tips for the Coming Holiday Season*, and our **4th Annual Peaceful Thanksgiving Vegan Potluck** on November 23, and more!

Have you checked out EVEN's **Service Directory** lately? See here:

<http://www.eugeneveg.org/servicedirectory.htm>

If you are veg and would like your product or service listed for **free**, just let us know.

If you're **single**, do you know how many veg single sites there are? See some of them listed here: http://www.eugeneveg.org/veg_dating.htm

If you would like to catch up on past activities, see our **newsletters** here:

<http://www.eugeneveg.org/newsletters.htm> Click on the issue date in which you are interested and read some back issues. Check out the links on various articles!

Amazon gives EVEN a % credit for books purchased from them via our site, so if you'd like to buy a great veg book for yourself or for a friend, check out over 100 top books here:

<http://www.eugeneveg.org/readings.htm>

Visit each of these outstanding, informative websites:

<http://www.eugeneveg.org/links.htm> These **links** are the best of the best and can provide you with facts, information, and resources beyond your expectations!

See **where to shop** in Eugene here:

<http://www.eugeneveg.org/wheretoshop.htm>

and see **where to eat** in Eugene here:

<http://www.eugeneveg.org/wheretoeat.htm>

and check out **The Marketplace** for more info on veg-friendly products and organizations here:

<http://www.eugeneveg.org/marketplace.html>

and **Sponsors** here: <http://www.eugeneveg.org/sponsors.htm>

(Just click on them to find out more!)

Print out and/or follow the **Site Map** to find your way around:

<http://www.eugeneveg.org/setup.htm>

Submit comments, volunteer, or make donations here:

<http://www.eugeneveg.org/support.htm>

THANK YOU

Thank you sincerely to everyone who makes our Monthly Gatherings, our Tabling, and our Lending Library possible. Thank you to all the individuals and businesses who have donated time, money, literature, coupons, food samples, and energy to EVEN! **THANK YOU!**

BE SURE TO MARK YOUR CALENDAR

for all of EVEN's **1st Monday presentations** and for our **4th Annual Peaceful Thanksgiving Vegan Potluck on 11/23!!** We hope to see you there!

Meanwhile, if you have the skills mentioned above, please consider **volunteering your time** and **renewing your memberships**.

ANOTHER GIFT FROM WILL TUTTLE

"Our Fellow Mortals" - A fabulous slide show by Will and Madeleine!

Enjoy! <http://www.youtube.com/watch?v=h6Qgb5R4-s4>

NOTE: The World Peace Diet, is now available as an Audio Book on CD. It is unabridged and is about 13 1/2 hours long. It is read by Will with short musical interludes of original piano, and is available now from his website, www.worldpeacediet.org. If you know anyone who could benefit from the message of The World Peace Diet and who might not have the time or inclination to read a 300-page book, and would rather just listen as they drive, jog, walk, or relax, they now have the book available on an MP3 CD, perfect for iPods and MP3 CD players.

DON'T FORGET OPRAH!

Another Reminder:

Tuesday, 10/14/08, 4pm PT, "How We Treat the Animals We Eat"

Thank you!

Lin

Peace,
Lin Silvan
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The **Eugene Veg Education Network (EVEN)** is an official **501(c)(3) non-profit** based in Eugene serving as a resource for those seeking information on a **healthful, vegan** lifestyle. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is **to inform, educate & encourage** our members--- as well as the larger community ---by providing access to pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. EVEN meets the **1st Monday of every month** (except holidays) at 7pm at the McNail-Riley House, 601 W. 13th Av (@Jefferson), across the street from the fairgrounds. EVEN - 1574 Coburg Rd., #120, Eugene, OR 97401, 541-343-8055 eugvedunet@comcast.net, www.eugeneveg.org Peace.